



South East London
Clinical Commissioning Group



Children and
Young People
Alliance



Emotional Health and Well Being Pilot briefing 26th January 2022

Presenters:

Dan Stoten

(Integrated Associate Director - Children's Integrated Commissioning)

Harold Bennison

(CAMHS Service Director at South London and Maudsley NHS Foundation Trust)



Description of Pilot



- The pilot will build on the work of The Well Centre, based at the Herne Hill Group Practice, which provides young people aged 11 – 20 open access to GPs, counsellors and health & wellbeing practitioners in one place and assesses the needs of presenting young people via a holistic assessment (Teen Health Check)
- The pilot will scale and / or replicate this model to extend its availability across the borough, and look at how to seamlessly transition young people to the relevant services once their needs have been assessed
- This two year pilot has been developed to measure how Lambeth's mental health services can work with third party providers to create a joined-up offer for young people in the borough, with the long term aim of reducing demand on Child and Adolescent Mental Health Services (CAMHS)
- The total budget is £400k has already been approved and two voluntary sector providers have been appointed to deliver the pilot
- The pilot will ensure developments are aligned with work in schools and other areas of early help and prevention.



Aims and work strands



Aims

- To provide a seamless service for a young person accessing mental health and wellbeing support in Lambeth
- Enabling service providers to share, when necessary, the information describing the needs of the young person, so that when a young person moves to a different service they receive the best support they need quickly and without having to tell their story repeatedly.
- Tracking the outcomes for young people accessing the services covered by this pilot to determine the effectiveness of those services at meeting the young person's needs and, in the long term, reducing the proportion of young people with severe or acute mental health needs.

Main work strands

- Mapping existing preventative and early intervention services and the referral pathways between them and also CAMHS
- Working with third sector organisations and defining the services they will provide
- Establishing a protocol and legal basis for data sharing between these services
- Defining and implementing a child-centric model of working

