



SOUTHBANK
HAYWARD
GALLERY
**EVERYDAY
HEROES**

A free open-air exhibition celebrating key workers

Lambeth Living Well Network Alliance

An update for Lambeth
Together Strategic Board
29th September 2021

Welcome and Outline

- Introduction – Overview, Successes and Challenges
- Culturally Appropriate Peer Support Advocacy (CAPSA) - update
- Community Development – new roles, new approaches
- System story - providing support during the pandemic
- [Alliance Progress Report 2021](#) now available



- **Kept services open** – through the use of bubbles, rotas, PPE, social distancing and telephone and online support where possible
- **Supported partners to receive Covid vaccinations** – ensuring that all Alliance staff were prioritised for vaccination
- **Agreed a refreshed approach to Risk Share** – focusing on those in complex care, forensics, autism and over 55s
- **Living Well Centre South West moved** - into a newly refurbished Gracefield Gardens

- Delivered a pan Alliance **workforce development programme** – including compassionate care, mentoring, anti-racism and system leadership
- We helped more people to move on more quickly; **reducing the number of in-patient beds** used from an average of 85.7 beds per month in 2019/20 to 74.5 beds per month in 2020/21.
- **Lambeth Talking Therapies** exceeded their access and recovery targets
- Developed and introduced a new **Complex Needs pathway** (was Personality Disorder pathway)

- **Covid 19** – continuing to deliver services safely whilst dealing with rising demand – learning to live with it
- **Inequalities** – Covid deepened existing inequality; hitting racialised and deprived communities hardest
- **Money** – uncertainty over funding and significant additional spend during the unprecedented pandemic were somewhat offset by additional, welcome funding for mental health
- **Staffing** – structural challenges remain in filling certain clinical and professional posts – increased use of VCS and peers, job redesign, career paths and ‘grow your own’ amongst other approaches being tried



Lambeth Living Well Network Alliance (Lambeth Alliance)



Culturally Appropriate Peer Support Advocacy (CAPSA)

- The aim is to design a service which provides support to members of the Black community who have mental health needs through peer support.
- The peer support service will be focused on striving for recovery, acknowledging the inherent challenges of racism for Black communities within traditional mental health services.

Design Process

- Pre-discovery – define the goals and indicators success
- Discover – generate insights of the unmet needs, gaps and opportunities
- Define – make sense of the data
- Develop – identify appropriate training content for peer support and advocacy
- Deliver – launch a CAPSA offer



Community Development

New roles, Staying Well, strengthening working with GPs and the community

Role	WTE	Band	Comments
'Community Reablement Worker'	5.5	VCS	VCS workers with extra skills' - Focus on social prescription/ Community Navigation/ rehab exploring community rehab options and keeping people close to their communities and offering an alternative option to statutory services. Includes peer workers with a % of the workforce being recruited from those with a lived experience
		Peer Workers/ Non Pay	
'Mind and Body Workers'	1.0	3	A service embeded within the LWCs supporting and working closely with primary care to provide a medication type service with first class physical health care support (linked to line 1 above) and ability to link to primary care to offer support to those who can be 'mantained' within PC/ shared care arrangement. workign to keep peopel in well/ stable and within thier communities
	1.0	6	
	0.5	Consultant	
	1.0	Peer Support Worker	
'Transitions Lead'	2.0	4	People (e.g. youth worker) to work across system with CAMHS to improve understanding, communications and pathway
		Non Pay	
Dual diagnosis	2.0	6	People with expertise and experience in dual diagnosis working in and across LWCs
Physician's and Healthcare Assistants	1.8	6	2 Physician's Assitants and 2 Physical Healthcare Assistants - to oversee high quality physical health, SMI healthchecks etc across the LWCs and Primary Care
	2.0	3	
Mental Health Practitioners	1.0	7	Jointly funded by the Alliance (SLaM) and Primary Care Networks (PCNs) these posts will be based in GP surgeries and work closely with Alliance services
	5.0	6	
	16.8		

System Story

Providing mental health support during the pandemic